

ASCQ-Me Pain Episodes Frequency and Severity

1. In the past 12 months, how many sickle cell pain attacks (crises) did you have?

- I did not have a pain attack (crisis) in the past 12 months
- 1
- 2
- 3
- 4 or more

2. When was your last pain attack (crisis)?

- I've never had a pain attack (crisis)
- More than 5 years ago
- 1-5 years ago
- 7-11 months ago
- 1-6 months ago
- 1-3 weeks ago
- Less than a week ago
- I have one right now

3. Using any number from 0 to 10, where 0 is no pain and 10 is the worst pain imaginable, how severe was your pain during your last pain attack (crisis)?

- 0 No pain
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Worst pain imaginable
- I've never had a pain attack (crisis)

4. How much did your last pain attack (crisis) interfere with your life?

- I've never had a pain attack (crisis)
- Not at all, I did everything I usually do
- I had to cut down on some things I usually do
- I could not do most things I usually do
- I could not take care of myself and needed some help from family or friends
- I could not take care of myself and needed constant care from family, friends, doctors, or nurses

5. About how long did your most recent pain attack (crisis) last?

- I've never had a pain attack (crisis)
- Less than 1 hour
- 1-12 hours
- 13-23 hours
- 1-3 days
- 4-6 days
- 1-2 weeks
- More than 2 weeks