



Traumatic Brain Injury Resource Bundle for Alaska Natives

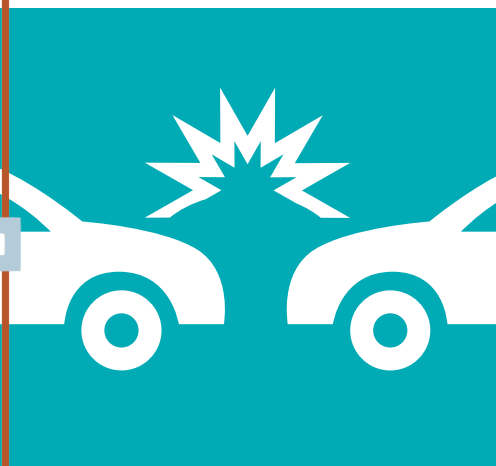
Picurlaggarcelluku Patrem Akngirutain Taringutai

Cauga picurlaggarcelluku patrem akngirutai?

Picurlagluni pateq akngirtelartuq (TBI) pateq cam akngirtaqaqu nallarrluku qamiquq.

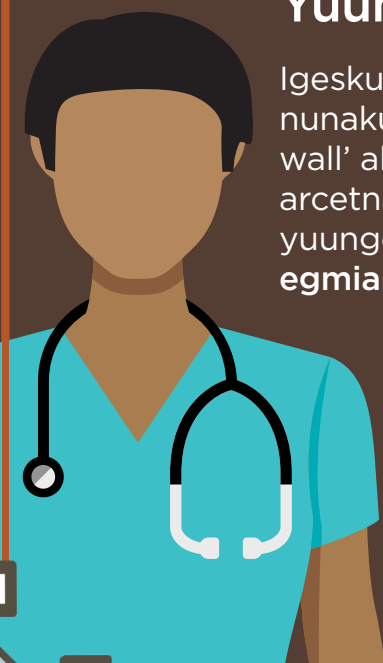


TBI-arcetlarai **nunakuarcuutetgun picurlagaqata, igtaqata, cali calluayaram.**



Yuuncaryaraqina

Igeskuvet, picurlakuvet nunakuarcuutekun, wall' allatgun TBI-arcetnarqellrianek, yuuncaristen ullakiu egmian!



Cuqyutai TBI-am arcarinaryarain

Cakneq
Akngircimaluni

Ellangumavkenani
24-aat sass'at cipluki

Akngircimaluni

Ellangumavkenani
**30-nek cetyaarnek yaavet
24-aat sass'at tekilluki**

Carrarmek
Akngircimaluni

Akanivkenani
ellangumanritellra
(ikgenruluni 30-ni cetyaarni)
wall' ellangqerrluni

Assirillerkaq Agtuumallraa-Ilu

Ilait TBI-aggun carrarmek akngircimalriit assirilartut qavcini sass'ani, ernerni, wall' iraluni. 6-aani iraluni akngirterrarcelluku wall' cakneq akngirterrarcelluku TBI-aggun, yuut assiriyugngaut cukamek. Taugaam akngirteraarluteng ayuquciit cayugngallrit-Ilu cimiryugngauq. Makut ilakluki:



Temem arenqiallugutai

- Ayaluqercugluni
- Unairutengluni
- Mernuqercukaarluni
- Qavarcigataqluni



Umyuam arenqiallugutai

- Murilkesciganani, cumikesciganani, umyuaqesciganaki-Ilu nutarat nallunritarkat
- Uunguciirteqeryukaarluni
- Cukaunani qalartellra wall' umyuarteqellra



Umyuam wall' ayuqucim arenqiallugutai

- Eqnayukaryukaarluni qailqercukaarluni-Ilu
- Cayuumitaqluni
- Cegg'anqegginani
- Allat cacetuqutekaqluki

Yuut elicugngaut qaillun auluksugngallritnek temem, umyuam, ayuqucim-Ilu arenqiallugutait TBI-aggun akngirtellrit. Assiringcaryaraq, utumaringnaqsaraq, allat-Ilu ikayutnguyugngaut.

Kangingutet: Tarenralget nallunairutet taimaut waken Understanding TBI napartellruluk Thomas Novack, PhD cali Tamara Bushnik, PhD, calilgutekluki Model Systems Knowledge Translation Center-aaq (<https://msktc.org>).

Nalqigun: Matum nallunairutem cimingnaqenritaa yuungcaristet alerquatait. Qalarutniaran yuungcaristen naullutevnek wall' assiringnaqlerpet tunjiinun. Tarenralget nallunairutet imait pilillruut kaigatkun akiikun National Institute on Disability-mek, Independent Living-aamek, Rehabilitation Research-aamek-Ilu (NIDILRR kaigatem akim nampaara 90DPKT0008). NIDILRR Center-aaruq iluani Administration for Community Living-aam (ACL), Department of Health and Human Services-aam (HHS). Tarenralgem nallunairutem imain pillerkiuraqenritai NIDILRR-aam, ACL-aam, wall' HHS-aam, umyuarturyaqunak cingumayukluki Anguyagtenun.

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